



Professional Development Program

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FOUNDATION™



Professional Development Program

Transforming organizations into spaces where individuals and teams can thrive requires a holistic approach to professional development. This program is designed to support personal growth, leadership development, and organizational culture-building through experiential learning, wellness practices, and collaborative engagement.

1

Prioritize Well-Being & Social-Emotional Competence

Support Professional Development: Participants engage in learning that goes beyond technical skills, building emotional intelligence, resilience, and adaptability to navigate complex environments.

Wellness Initiatives: Incorporate mindfulness, stress management, and reflective practices to support sustained performance and overall well-being.

Racial Healing and Community Building: Create space for meaningful dialogue around identity, culture, and community—fostering deeper relationships and inclusive environments.

2

Create a Supportive & Collaborative Environment

Building Culture: Foster environments where individuals feel valued, supported, and connected through collaboration, mentorship, and shared learning.

Experiential Learning Opportunities: Engage participants through hands-on creative and interactive experiences that spark innovation and new approaches to problem-solving.

Culinary and Wellness Programs: Use shared experiences like food, culture, and wellness activities to strengthen team cohesion and build community.

3

Integrate Social-Emotional Learning (SEL)

Model SEL: Embed emotional intelligence, empathy, and communication into professional practice and leadership.

Applied Practices: Encourage real-world application through reflection, dialogue, and interactive exercises that support personal and team development.

4

Invest in Customized Professional Development

Customized Training: Tailor learning experiences to organizational needs, including leadership development, communication, cultural competency, and relationship-building.

Empower Participants as Leaders: Encourage individuals to step into leadership roles, bringing their perspectives and experiences to drive meaningful change.

5

Cultivate a Growth Mindset

Encourage Lifelong Learning: Promote continuous growth through experimentation, reflection, and adaptability.

Empower Individuals: Support participants in building confidence, resilience, and ownership of their personal and professional development.

6

Community & Coalition Building

Engage the Community: Strengthen connections with stakeholders, partners, and communities to build a supportive ecosystem.

Cultural Awareness: Promote understanding and appreciation of diverse perspectives, ensuring inclusive and equitable environments.

Creating environments where individuals can thrive requires a holistic approach that supports both personal and professional development. By investing in social-emotional competence, fostering a supportive culture, encouraging collaboration, and integrating meaningful learning practices, organizations can empower people to perform with confidence and purpose.

This approach not only enhances individual and team success, but also contributes to building stronger, more resilient communities.

1



Racial Healing Circles

Facilitated spaces for meaningful dialogue around identity, leadership, and community

2



Hands-On Creative Experiences

Art, design, and technology-based activities that spark innovation and new ways of thinking

3



Wellness Practices

Yoga, mindfulness, and stress management techniques to support sustained performance

4



Culinary and Wellness Programs

Team-building through food, culture, and connection

5



Experiential Learning and Development

Immersive activities that translate directly into workplace application

What you'll gain

Creative Confidence

Explore innovative strategies that engage and foster creativity.

Collaborative Learning

Benefit from experts in professional learning, creating a supportive and vibrant educational environment.

Culinary Skills

Build connections with fellow colleagues through shared culinary experiences that enhance professional culture.

Personal and Professional Growth

Engage in racial healing and wellness practices that promote resilience and emotional well-being.

Community and Coalition Building

Learn strategies to strengthen your community and build meaningful coalitions with local stakeholders.

Professional Development

WORKSHOP FEE STRUCTURE

Transforming organizations into places where professionals can excel in supporting both individual and collective success requires a multi-faceted approach that addresses the holistic development of people.

Fee Structure

Workshop Duration	Weekday Rate (Mon–Fri, 9 AM–5 PM)	Weekend Rate (Sat–Sun, 9 AM–5 PM)	Additional Participant Fee (Per Person, up to 5 extra)
2-Hour Workshop	\$1,200	\$1,500	\$75 per additional participant
3 -Hour Workshop	\$1,500	\$1,900	\$90 per additional participant

Maximum Group Size: 25 Participants

Group Discount:

10% discount for schools and nonprofit organizations (weekdays only).

Custom quotes available for groups larger than 25 participants.

The workshop fees include:

- ▶ **Facilitated Instruction** – Expert-led sessions on racial healing, creative exploration, and social-emotional learning (SEL).
- ▶ **Studio Space Rental** – Access to immersive creative spaces at Little Black Pearl.
- ▶ **Hands-On Learning Activities** – Interactive experiences such as:
 - ▶ Racial Healing Circles
 - ▶ Art-based experiential learning (painting, pottery, or photoshoot)
 - ▶ Wellness practices (yoga, mindfulness, sound bath, breathwork, and stress management)
- ▶ **Community & Coalition Building Strategies** – Training on developing inclusive team cultures.
- ▶ **Custom Materials & Supplies** – All necessary tools for creative, wellness, and professional development activities.



Weekend Premium Justification

Weekend sessions incur an additional premium due to:

Higher demand for professional development on weekends.

Additional staffing and preparation time.

Extended operational and setup hours for private group sessions.

Add-On Services (Optional)

- ▶ Extended Workshop Time (Per Additional Hour) → \$250 (Weekdays) / \$300 (Weekends)
- ▶ Catering Upgrade (Full Meal Options) → Starting at \$25 per person
- ▶ Professional Documentation & Photography of the Workshop → \$200
- ▶ One-on-One Coaching (Post-Workshop Virtual Session, 60 min) → \$150 per participant

Booking & Payment Terms

- ▶ 50% deposit required at booking.
- ▶ Remaining balance due 7 days before the event.
- ▶ Cancellations made 10+ days in advance receive a full refund.
- ▶ Cancellations within 10 days receive a 50% refund.

Why Choose TLC's Professional Development?

Holistic Growth – Workshops integrate professional learning, wellness, and creative exploration.

Community Building – Participants engage in racial healing circles and coalition-building activities.

Experiential Learning – Hands-on art and wellness practices that can be applied in the workplace.

Nourishing Support – Catered meals and wellness practices enhance the learning experience.

This premium professional development experience empowers people to reignite their passion, enhance leadership skills, and build thriving cultures.

Join us today!

At the Thriving Leaders Center at Little Black Pearl, we believe people are the driving force behind meaningful change. Through intentional experiences, practical tools, and strong partnerships, we support individuals and teams in growing their impact and creating lasting transformation within their organizations and communities.

Limited spots available!

Contact us today to learn more and secure your place in this transformative experience.

www.blackpearl.org